



Hanham Dental

Tooth Whitening Consent Form

- I have requested to have a course of tooth whitening.
- I understand that tooth whitening has risks and limitations.
- I understand that complications can occur during courses of home tooth whitening, and that these are usually infrequent and usually minor in nature. These include, but are not limited to
 1. Tooth Sensitivity - during tooth whitening process some patients may experience tooth sensitivity. This is normal and generally mild if your teeth are not normally sensitive. If your teeth are usually sensitive, please inform your dentist before starting treatment
 2. Gum and soft tissue irritation: Whitening gel may cause inflammation of the gums, lips or cheeks if it comes into direct contact with them. If irritation does occur, this is usually short-lived and is mild. Rinsing with hot salty water can relieve this.
- I understand that white fillings, porcelain or composite crowns and veneers will not whiten with the natural teeth during this procedure. This has been advised by my dentist. The replacement of these restorations may be needed after the whitening is completed. The cost of this is not included as part of the whitening treatment.
- I understand that significant whitening can be achieved in some cases, but there is no absolute way to predict how light my teeth will get. Exact results cannot be guaranteed. Teeth with multiple restorations, bands or spots due to tetracycline staining or fluorosis do not whiten as well and may appear more pronounced after treatment. These may require further treatment after whitening to achieve a uniform result. The cost of this is not included as part of my whitening treatment
- I understand that tooth whitening is not permanent and teeth may regress in shade. This is natural and environmental dependent. Factors that affect this include smoking, and foods and drinks high in tannins and colourants (red wine, tea and coffee, curries). Top up treatment may be required to maintain the desired tooth shade.
- I understand that the outcome of my whitening treatment cannot be guaranteed.
- If any problems are experienced during treatment, I will discontinue the course immediately and consult my dentist.

If I have any further questions about the procedure, I will call the practice on 0117 960 2940 or email info@hanhamdental.co.uk